



## Once Off or Special Activity Form and Risk Assessment

Description of activity:

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To what degree is there potentially for physical or emotional harm to participants and/or leaders? (1- Low, 5- High)	1	2	3	4	5
To what degree is there potential for the activity to become physically or emotionally out of control resulting in injury to participants and /or leaders?	1	2	3	4	5
To what degree is there potential for participants or leaders to experience personal discomfort?	1	2	3	4	5
To what degree is the leader confident of knowing potential outcomes?	1	2	3	4	5

What is the overall risk for this activity?	Low	Moderate	High
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What are identified risks involved with this activity?

What are some strategies to be employed to reduce the risk in this activity?

Activity approved by:

Signature: